



United States Soo Bahk Do Moo Duk Kwan®
Application for Gup Promotion



Testing Date _____ Rank _____ Gup Nbr _____

Student Name _____

Date of Birth _____ Date of entrance _____

Date of last promotion _____

Applicant's Signature _____

Parent's signature (if under age 18) _____

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Instructor's portion

Recommended by _____ Rank _____ Dan No. _____

Examiners _____ Dan No. _____

_____ Dan No. _____

_____ Dan No. _____

Scores:

9.0 – Student recommended for double promotion.

7.0 – Student recommended for promotion.

Student recommended for re-testing.

6.0 – Fail.

Soo Gi	Score	Jok Gi	Score	Hyung	Score	Other	Score	
Low Block		Front Kick		Basic #1		3-step spar		
Hi Block		Round Kick		Basic #2		1-step spar		
In/Out Block		Side Kick		Basic #3		Free Spar		
Out/In Block		In-Out Kick		Pyong Ahn #1		Sparring Combination		
Center Punch/ Teul Oh	/	Out-In Kick		Chil Sung #2		Self Defense		
High Punch/ Tuel Oh	/	Back Kick		Chil Sung #1		General Knowledge		
Side Punch		Jump Front Kick		Chil Sung #3		Breaking		
Side Block		Spin Side Kick		Passai				
Knife Hand Block Low / Middle	/	Spin In-Out Kick		Du Mun		Control		
Knife hand Block High		Jump Side Kick				Eye Focus		
Back fist / Hammer fist	/	Hook Kick				Balance		
Soo Do Strike / Tuel Oh	/	Jump Round Kick				Breathing		
Yuk Soo Do Strike / Tuel Oh	/	Jump In/Out kick				Tension & Relaxation		
Two fist block Middle		Reverse Round / Front Push kick	/			Speed & Power		
Two fist block high / Low	/	Jump Spin Back kick InOut kick				Timing		
Spear Hand Strike / Tuel Oh	/	Avg Jok Gi				Avg Control		
Yuk Jin Kong Kyuk		Examiners Notes						
Avg Soo Gi								