



The Winding River Karate Newsletter Summer, 2016

Hello all,

I would like to thank Mr. Ray Rupert for taking up the role as creator, editor and workhorse of Charyut! Newsletter. I can now officially refer to myself as a Columnist!

In keeping with the theme of this week - "know your instructor" - I wish to point a few things out to you that make Winding River special. For instance, you may not know that Sa Bom Nim Schermerhorn opened his first studio in Susquehanna, PA. in 1977. The name Winding River comes from the Iroquois word "Susquehanna." 1986 was a particularly big year for SBN Schermerhorn, as he was promoted to 4th degree Dan and Master Instructor, opened his first full-time studio in Binghamton, and sponsored his first tournament in Windsor.

It has been a fast and exciting 30 years; I have been a part of 18 of them. This year will be our 30th Autumn Invitational. We are inviting all students in schools Regions 1-3. We hope to highlight the occasion with special clinics for all ranks in addition to a full-fledged regional tournament. Plan now to take part in this monumental event, no matter your age, rank or ability. Our 30th Autumn Invitational will take place on the 24th of September at Binghamton West Middle School. There will be signups and more information to follow.

I have yet to give any students a free month of tuition through our Refer a Friend campaign! If you refer a friend to WRK, you earn 1 free month of classes!

Yours in the MDK,
Jesse LaPadula, Program Director

Promotion for Dan Classings 136, 137

Congratulations to Winding River students who tested in the 136th and 137th Dan Classings. Mr. Tim Rupert went to Ko Dan Ja last November in Ramona, CA as part of the 136th classing, testing for Sa Dan. Sa Dan is fourth degree black belt, which is the Master level. Ko Dan Ja testing is for students testing for fourth degree black belt and higher and is held once a year. It is included in the Fall Dan Classing.

Ms. Kate Harvey, Mr. Dan Barlow and Mr. Rob Driscoll tested in the Region 2 137th classing held in Fallsburg, NY in April. Ms. Harvey tested for Sam Dan, or third degree black belt. Mr. Barlow and Mr. Driscoll tested for Ee Dan, or second degree black belt. Everyone passed and was promoted in a ceremony at Winding River on June 16th. Congratulations on your achievement in discipline!



Schedule Changes

The following changes to the class schedule are now in effect. For reference, classes identified as Adult are for students 12 years of age and over. Children's classes are for students 11 years of age and under. Classes listed as Advanced are for Red belts and Midnight Blue belts.

- Mrs. Van Vorce, KSN's Wednesday Morning class is canceled.
- Mr. Holden's 6PM Thursday night class is now open to all Red Belts of all ages, not just II Gups.
- Mr. Holden's Friday evening Applied Techniques class is now canceled.
- Until further notice, Saturday morning class begins at 9:30 AM. There is no warm-up period.

Thoughts and Prayer

Please keep Wendell Gloskey in your thoughts and prayers. Wendell and his dog were struck by a truck while out jogging over the Fourth of July weekend. Wendell was taken to Upstate Medical Center for surgery. We'll keep you updated as we learn more. We are thinking about you, Wendell, and praying for a full and rapid recovery.

Shi Shun - Around the Studio

Winding River Karate has a long and rich history. You



will recall that Sa Bom Nim Schermerhorn celebrated his 40th year in the Moo Duk Kwan in 2012. Over the years, Sa Bom Nim has collected many mementos from his Soo Bahk Do training and associations, many of which adorn the studio. Each issue, we will focus on one of these mementos and learn something about its origin- and

our history and heritage as students of Schermerhorn, Sa Bom Nim.

Kindly direct your *shi shun* (eye focus) toward the Northwest corner of the studio. You may have noticed the green tournament T-shirt hanging in the retail area near the front door. This is an original T-shirt from the very first Autumn Invitational Tournament held 30 years ago this September. Mrs. Joanne Krajcir, one of Sa Bom Nim's earliest Dan members, had kept the shirt from September of 1986, and sent it to Sa Bom Nim on the occasion of his fortieth training anniversary. Mrs. Krajcir, Dan Bon 23704, is the very first name on the original Dan Bon plaque on the wall outside Sa Bom Nim's office.

Upcoming Events

In addition to Winding River's Autumn Invitational Tournament, there are a number of upcoming events. *Note that for staffing reasons, there will be no Hwa Rang summer camp this year.*

Monday, September 5 – Labor Day. Check white board for closings at that time.

Friday, September 9 - Gup Test – eligible students will be notified a few weeks before the test. Testing times will be posted on the white board a week or so before testing.

Saturday, September 24 – Autumn Invitational. Stay tuned for times, location and details, and be there! In the words of Sa Bom Nim Walsh, Master Schermerhorn's sister in Soo Bahk Do, Show Up, Line Up, Shut Up!

Saturday, October 15 – 138th Dan Shim Sa. We have several II Gup candidates potentially testing for Cho Dan who have been sharpening their material in Mr. Holden's Thursday evening Dan prep class. The Shim Sa will be hosted by Kwon's Wellness, near their Manhasset, NY location on Long Island. An exact venue has not yet been named. (This is a location change from Southern New Jersey.)

Feast Your Eyes!

Visit <https://windingriverkarate.shutterstock.com/> for more pictures from the Dan promotion and other Winding River Karate events! Thank you Sa Bom Nim Endress for sharing your photos.